# To learn more

Here is a small selection of organizations, printed materials and internet resources that can provide useful information for women with disabilities, organizations for and by people with disabilities and information about the rights of persons with disabilities. We have tried to cover as many of the topics in this book as possible, and to include groups working in all areas of the world. Many of the printed materials are easy to adapt and often include other helpful resource lists.

# ORGANIZATIONS

Many of the organizations listed here do most of their work with disability communities around the world. Contact them to see if they have projects or programs in your country. Some organizations provide general health information.

# AIFO (Associazione Italiana Amici di Raoul Follereau)

Via Borselli 4-6, 40135 Bologna, Italy Tel: (39-051)439-3211; Fax: (39-051)434-046 Email: info@aifo.it Web: www.aifo.it

**AIFO**, an Italian NGO, provides support to projects in the global South. At present **AIFO** is involved in over 180 projects in 57 countries, supporting projects on leprosy and primary health care; rehabilitation of disabled persons; and support for vulnerable children.

# ABILIS

Aleksanterinkatu 48 A, 00100 Helsinki, Finland Tel: (358-9)612-40333 Email: abilis@abilis.fi Web: www.abilis.fi

**ABILIS** is part of the international Independent Living and Disability Rights Movement. They give grants for projects run by disabled people in developing countries that focus on human rights and women with disabilities.

# Action on Disability and Development (ADD)

Vallis House 57 Vallis Road Frome Somerset, BA11 3EG, UK Tel: (44-137)347-3064; Fax: (44-137)345-2075 Email: add@add.org.uk Web: www.add.org.uk

**ADD** supports active networks of disabled people in several countries. Many of **ADD's** staff have disabilities themselves.

# Arab Resource Collective

**Lebanon:** PO Box 13-5916, Beirut, Lebanon **Visiting Address:** 5th Floor, Dkeik Building Hanra, Beirut, Lebanon Tel: (9611)742-075; Fax: (9611)742-077 Email: arcleb@mawared.org

**Cyprus:** PO Box 27380, Nicosia1644, Cyprus Tel: (357)2277-6741; Fax: (357)2276-6790 Email: arccyp@spidernet.com.cy Web: www.mawared.org/english/

Written and audio-visual materials on general health care, community development, and skills training for grass-roots organizations in the Middle East.

# CBM (Christoffel-Blindenmission/ Christian Blind Mission)

Nibelungenstraße 124 64625 Bensheim, Germany Tel: (49-6251)131-392; Fax: (49-6251)131-338 Web: www.cbm.org

**CBM** supports community-based rehabilitation programs run by local partner organizations in developing countries.

# Danish Council of Organizations of Disabled Persons (DSI)

Kløverprisvej 10B DK-2650 Hvidovre, Denmark Tel: (45)367-517-77; Fax: (45)367-514-03 Email: dsi@handicap.dk Web: www.handicap.dk/english

**DSI** supports organizations in the global South to improve their organizational structures, educate representatives of disability organizations and develop negotiation structures between authorities and disability organizations.

#### **Disability and Development Partners** (*formerly* Jaipur Limb Campaign)

404 Camden Road, London N7 0SJ, England Tel/Fax: (44-207)700-7298 Email: info2006@ disabilityanddevelopmentpartners.org Web: www.disabilityanddevelopmentpartners.org

#### Disability and Development Partners (DDP)

works with local partner organizations in developing countries to bring social and economic benefits to people with disabilities—especially to those who have lost limbs or the use of limbs through war, accidents, or preventable diseases.

#### **Disability India Network**

Disability India Network c/o Society For Child Development Cottage 15, Oberoi Apts, 2 Sham Nath Marg Delhi 110 054, India Email: vijay@disabilityindia.org Web: www.disabilityindia.org

**Disability India Network** has a website with comprehensive information related to disability, and works for the empowerment of persons with disabilities and equal access to healthcare, education and employment.

# Disabled Peoples' International (DPI)

902-388 Portage Avenue, Winnipeg Manitoba, R3C 0C8 Canada Tel: (1-204)287-8010; Fax: (1-204)783-6270 Email: info@dpi.org Web: www.dpi.org

**DPI** promotes the human and economic rights, and social integration of people with disabilities. Information on issues including women's health care, human rights, independent living, and social justice. Special focus on grass-roots development. Has local offices in over 110 countries.

## Disabled People of South Africa (DPSA)

Office of the Secretary General P.O. Box 3467, Cape Town, 8000, South Africa or Room 705, 7th Floor, Dumbarton House 1 Church Street, Cape Town, South Africa Tel: (0-21)422-0357; Fax: (0-21)422-0389 Email: info@dpsa.org.za Web: www.dpsa.org.za

**DPSA** is a cross-disability umbrella body of disability organizations in South Africa. Programs include the **Disabled Women's Development Programme**, which promotes disabled women's participation through leadership and self-help skills development.

## **Global Fund for Women**

1375 Sutter Street, Suite 400 San Francisco, CA 94109, USA Tel: (1-415)202-7640; Fax: (1-415)202-8604 Email: gfw@globalfundforwomen.org Web: www.globalfundforwomen.org

Gives small grants to community-based women's groups, especially those working on controversial issues and in difficult conditions. Areas of special interest are human rights, communications technology, and economic independence.

## Godisa

P.O. Box 142 Otse, Botswana Tel: (267)533-7634; Fax: (267)533-7646 Email: mwb@info.bw Web: www.godisa.org

The only hearing aid maker in Africa, Godisa distributes low-cost, durable, solar rechargeable hearing aids for people in developing countries.

### Handicap International

Waterman House101-107, Chertsey Road Woking, Surrey GU21 5BW, England Tel: (44-0870)774-3737 Email: hi-uk@hi-uk.org Web: www.handicap-international.org.uk

Handicap International works in over 50 countries to help people disabled by natural disasters, violence, and armed conflict, including land-mine victims.

#### Healthlink Worldwide (formerly AHRTAG)

56-64 Leonard Street, London, EC2A 4JX, UK Tel: (44-207)549-0240; Fax: (44-207)549-0241 Email: info@healthlink.org.uk Web: www.healthlink.org.uk

Healthlink Worldwide works to strengthen the provision, use and impact of health information, to increase social inclusion of people working on issues such as disability and HIV/AIDS. Their partners publish Disability Dialogue (earlier called CBR News). Together with the Overseas Development Group, they publish a series of disability research papers as part of the Disability Knowledge and Research Programme.

#### Helen Keller International

352 Park Avenue South, 12th Floor New York, NY 10010, USA Tel from US (toll free): (1-877) 535-5374 Tel: (1-212) 532-0544; Fax: (1-212) 532-601 Email: info@hki.org Web: www.hki.org

Has programs in 25 countries. Material on blindness from lack of vitamin A. Information on blindness prevention and visual chart.

#### **Inclusion International**

Inclusion International administrative office c/o The Rix Centre, University of East London Docklands Campus, London E16 2RD, England Tel: (44-208)223-7709; Fax: (44-208)223-7411 Email: info@inclusion-international.org Web: www.inclusion-international.org

**Inclusion International (II)** is a global federation of family-based organizations advocating for the human rights of people with intellectual disabilities. **II** represents 200 member federations in 115 countries.

## International Disability and Development Consortium (IDDC)

IDDC Administrator c/o Handicap International, Waterman House 101-107 Chertsey Road, Woking Surrey GU21 5BW5, England Tel: (44-0870)774-3737 Fax: (44-0870)774-3738 Email: administrator@iddc.org.uk Web: www.iddc.org.uk

**IDDC** is an international network on disability and development. Members in over 100 countries implement programs, and fund, disseminate information and advocate human rights of people with disabilities.

#### International Federation of Anti-Leprosy Associations (ILEP)

The Teaching and Learning Materials Coordinator 234 Blythe Road, London, W14 OHJ, England Email: ilep@ilep.org.uk Web: www.ilep.org.uk

**ILEP** coordinates support to leprosy programs. Their website includes a large list of funders as well as international partners.

#### International HIV/AIDS Alliance

Queensberry House, 104-106 Queens Road Brighton BN1 3XF, England Tel: (44-0127)371-8900 Fax: (44-0-127)371-8901 Web: www. aidsalliance.org

The International HIV/AIDS Alliance works to reduce the spread of HIV and meet the challenges of AIDS in developing countries. It channels funds and provides technical and organizational support to community-based groups. It also produces and distributes useful information on HIV/AIDS.

#### Latin American and Caribbean Women's Health Network

Simón Bolivar 3798, Ñuñoa, 6850892 Casilla 50610, Santiago 1, Santiago, Chile Tel: (56-2)223-7077; Fax: (56-2)223-1066 Email: secretaria@reddesalud.org Web:www.reddesalud.org

Promotes women's health and women's human rights through cultural, political and social transformation.

#### Leonard Cheshire International (LCI)

30 Millbank London, SW1P 4QD, England Tel: (44-207)802-8224 Fax: (44-207)802-8275 Email: m.ekanger@london.leonard-cheshire.org.uk Web: www.lcint.org

The work of LCI includes projects in education, employment, economic empowerment, rehabilitation and day care services, short and longer-term residential care, and community programs. Their website lists resources and training materials.

#### Mobility International USA (MIUSA)

132 E. Broadway, Suite 343 Eugene, Oregon 97401, USA Tel: (1-541)343-1284; Fax: (1-541)343-6812 Email: info@miusa.org Web: www.miusa.org

**MIUSA** works to empower people with disabilities through international exchange and development to achieve human rights. **MIUSA's website has** a comprehensive listing of international disability organizations.

#### **Mobility International India**

1st and 1st A Cross, 2nd Phase, JP Nagar Bangalore 560 078, India Tel: (91-80)2649-2222; Fax: (91-80)2649-4444 Email: E-mail@mobility-india.org Web: www.mobility-india.org

Promotes community-based rehabilitation and mobility for persons with disabilities, especially in rural areas. Trains women with disabilities to make artificial limbs and provide rehabilitation services in their communities.

#### Motivation

Brockley Academy, Brockley Lane, Backwell Bristol, BS48 4AQ, England Tel: (44-0127)546-4012 Fax: (44-0127)546-4019 Email: info@motivation.org.uk Web: www.motivation.org.uk

Motivation designs and provides low-cost mobility products (wheelchairs, tricycles and artificial limbs). It also trains people to meet the needs of their local disabled communities.

#### **Musasa Project**

Physical address: 64 Selous Ave Cnr 7th Street, Harare, Zimbabwe Postal address: PO Box A712, Avondale Harare, Zimbabwe Tel: (263-04)725-881, (263-04)734-381 Fax: (263-04)794-983 Email: musasaproj@africaonline.co.zw

Provides information and support to abused women and education programs on domestic violence and rape.

# National Union of Women with Disabilities of Uganda (NUWODU)

Plot No. 62 Ntinda Road, Ntinda P.O. Box 24891, Kampala, Uganda Tel: (256)41-285240; Mobile: (256)77-475186 Fax: (256)41-540178 Email: nuwodu@infocom.co.ug Web: www.disability.dk/site/countryindex. php?section\_id=28

An umbrella promoting equal rights and opportunities for women and girls with disabilities. Provides information on grassroots groups of women with disabilities and assists development of newly formed groups.

#### Teaching Aids at Low Cost (TALC)

P.O. Box 49, St. Albans, Herts AL 1 5TX, England Tel: (44-0172)785-3869 Fax: (44-0172)784-6852 Email: info@talcuk.org Web: www.talcuk.org

Low-cost books, slides, and accessories in English, French, Spanish, and Portuguese on health care and development for use in poor communities. Free booklist and CD libraries.

# The Southern Africa Federation of the Disabled (SAFOD)

PO Box 2247, 19 Lobengula Street Bulawayo, Zimbabwe Tel: (263-9)69356; Fax: (263-9)74398 Email: safod@netconnect.co.zw Web: www.safod.org

Human rights organization in Zimbabwe by disabled people for disabled people.

### Swedish Organizations of Disabled Persons International Aid Association (SHIA)

Liljeholmstorg 7A, 11763 Stockholm, Sweden Tel: (46-8)462-3360; Fax: (46-8)714-5922 Email: shia@shia.se Web: www.shia.se

**SHIA** aims to strengthen the efforts of persons with disabilities to achieve equality and participation through development co-operation and partnerships between persons with disabilities in Sweden and elsewhere.

#### Voluntary Health Association of India (VHAI)

B-40, Qutab Institutional Area, South of IIT New Delhi 110016, India Tel: (91-112)651-8071-72 Email: vhai@vsnl.com Web: www.vhai.org

Health education materials in English and local Indian languages. Also publishes **Health for the Millions**, a journal on low-cost health care.

### Whirlwind Wheelchair International (WWI)

San Francisco State University 1600 Holloway Avenue - SCI. 251 San Francisco, California 94132, USA Tel: (1-415)338-6277; Fax: (1-415)338-1290 Email: info@whirlwindwheelchair.org Web: www.whirlwindwheelchair.org

WWI developed the Whirlwind wheelchair, a lightweight, low-cost, sturdy wheelchair designed for rough urban and rural conditions in developing countries. WWI works with an international network of wheelchair workshops to continually update its designs.

## **World Blind Union**

Enrique Pérez, Secretary General C/Almansa 66, 28039 Madrid, Spain Tel: (34)914-365-366; Fax: (34)915-894-749 Email: umc@once.es Web: www.worldblindunion.org

The **World Blind Union (WBU)** unites people with visual disabilities in member organizations around the world. They work to promote equal opportunities for the blind; to raise the status of blind women, DeafBlind persons, blind people with multiple disabilities; and to prevent blindness worldwide.

# World Federation of the Deaf (WFD)

Postal Address: P.O. Box 65, FIN-00401 Helsinki, Finland Physical address: Light House, Ilkantie 4 Haaga, Helsinki, Finland Fax: (358-9)580-3572 Email: info@wfdeaf.org Web: www.wfdeaf.org

WFD is an organization of national associations of deaf people. They work to improve the status of national sign languages and education for deaf people, improve access to information and services, improving human rights for deaf people, and promote the establishment of deaf organizations.

## World Health Organisation (WHO)

Rehabilitation Section 20 Avenue Appia 1211 Geneva 27 Switzerland Tel: (41-22)791-2111; Fax: (41-22)791-3111 Email: info@who.int Web: www.who.int

**WHO** provides advice and financial support to health-related programs.

# **BOOKS AND OTHER PRINTED MATERIALS**

#### A Woman's Guide to Coping with Disability

Esther Boylan (ed.) Resources for Rehabilitation 33 Bedford Street, Suite 19A Lexington, MA 02420, USA

Written by women with disabilities; personal accounts and experiences cover the stigma of disability, its challenges, and prevention. Includes general information and further resources on specific disabilities: arthritis, multiple sclerosis, osteoporosis, and spinal cord injury.

#### AgeWays and Aging and Development

HealthAge International 67-74 Saffron Hill, London EC1R OBE, England Tel: (44-207)278-777 Fax: (44-207)713-7993, (44-171)447-203 Email: helpage@gn.apc.org Web: www.helpage.org

These free journals are printed 2 times a year. **HelpAge** has a network of over 50 organizations worldwide, working to achieve a lasting improvement in the quality of life for older persons.

#### Breast Awareness: Taking Care of Our Breasts (booklet)

Women's Health Information & Support Centre 120 Bold Street, Liverpool, L1 4JA. England Tel: (44-0151)707-1826; Fax: (44-0151)709-2566 Email: women@whisc.org.uk Web: www.whisc.org.uk

Easy-to-read, heavily-illustrated booklet on how to give a breast exam. Written by and for women with learning troubles, but useful for all.

**Women's Health Information & Support Centre** has also published:

Having a Mammogram: X-ray of the Breasts, Going to the Breast Assessment Clinic at the Breast Unit, and Having a Smear Test.

#### Building an Inclusive Development Community: A Manual on Including People with Disabilities in International Development Programs

Karen Heinicke-Motsch and Susan Sygall (eds) Mobility International USA P.O. Box 10767, Eugene, Oregon 97440, USA Web: www.miusa.org

Strategies for including persons with disabilities in a wide range of development programs, including health care.

Also available from Mobility International USA:

# Loud, Proud and Passionate: Including Women with Disabilities in International Development Programs

C. Lewis and S. Sygall (eds.)

A great resource for starting a group to empower women with disabilities and train them in leadership skills. Includes profiles of individual women as well as groups, their strategies, successes and failures.

#### Couples with Intellectual Disabilities Talk about Living and Loving

Karin Schwier Melberg, Woodbine House 5615 Fishers Lane, Rockville, MD 20852, USA Tel: (1-301)897-3570 Tel in the US (toll-free): (800)843-7323 Fax: (1-301)897-5838 Web: www.woodbinehouse.com

Fifteen interviews with couples with disabilities reveal their personal stories on finding love, companionship, and happiness.

### **Disability Dialogue**

56-64 Leonard Street, London, EC2A 4JX, England Tel: (44-207)549-0240; Fax: (44-207)549-0241 Email: info@healthlink.org.uk Web: www.healthlink.org.uk

**Disability Dialogue** (formerly CBR News) newsletter exchanges information between disabled

people and development, health and rehabilitation workers, and aims to promote disability equality, and good policy and practice. Practical information about community approaches and appropriate equipment, published in various language editions.

#### Bangla:

# Social Assistance for the Physically Vulnerable (SARPV)

3/8, Block-F, Lalmatia, Dhaka 1207, Bangladesh Email: shaque@bd.drik.net Web: www.sarpy.org

English for Africa and Portuguese (planned): Southern Africa Federation of the Disabled (SAFOD)

PO Box 2247, 19 Lobengula Street Bulawayo, Zimbabwe

Tel: (263-9)69356; Fax: (263-9)74398 Email: safod@netconnect.co.zw Web: www.safod.org

#### English for India and Hindi (Akshamata Samvad): Amar Jyoti Rehabilitation and Research Centre

Kakardooma, Vikas Marg, Delhi 110 092, India Email: amarjoti@del2.vsnl.net.in

#### French:

Mauritium, 5 Avenue Buswell Quatre Bonnes, Mauritius

#### Gujarati:

# Centre for Health Education Training and Nutrition Awareness (CHETNA)

Lilavatiben Lalbhai's Bungalow Civil Camp Road, Shahibaugh, Ahmedabad Gujarat 380 004, India Tel: (91-079)286-696; Fax: (91-079)286-6513 Email: chetna@icenet.net Web: www.chetnaindia.org Nepali (Apangata Kurakani): Partners for Rehabilitation International Nepal Fellowship PO Box 28, Pokhara, Nepal Email: kurakani@bigfoot.com

Tamil (Oonam Seithi):

**Rural Unit for Health and Social Affairs (RUHSA)** Christian Medical College and Hospital RUHSA Campus Post Office, Vellore District Tamil Nadu 632 209, India

Email: abel-rajaratnam @hotmail.com

Audio-cassette (International edition) Action on Disability and Development (ADD), UKdistributed by Healthlink Worldwide at the address above

#### English braille and Indian language audio-cassette: Blind People's Association of India

Dr Vikram Sarabhai Rd Vastrapur, Ahmedabad 380 015, India Tel: (91-079)2630-5082; Fax: (91-079)2630-0106 Email: blinab@sancharnet.in

#### Disability, Inclusion and Development: Key Information Resources (directory)

Source, c/o Healthlink Worldwide 50-64 Leonard Street, London EC2A 4JX, England Tel: (44-207)549-0240; Fax: (44-207)549-0241 Web: www.asksource.info/res\_library/disability.htm

Directory of over 300 information resources with abstracts and details of distributors and linked to the full resource online. For people with limited access to the Internet, the directory is available in print with a CD-ROM, which holds the fully searchable and browseable text of many resources.

## **Our Bodies Ourselves**

Boston Women's Health Book Collective, OBOS 34 Plympton Street, Boston, MA 02118 Tel: (1-617)451-3666; Fax: (1-617)451-3664 Email: office@bwhbc.org Web: www.ourbodiesourselves.org

Includes a chapter on Sex and Disabilities, including the effects of the disability on sexuality, and helpful hints and special implications.

#### Multiplying Choices: Improving Access to Reproductive Health Services for Women with Disabilities

Barbara Waxman Fiduccia Berkeley Planning Associates Oakland, CA 94610, USA Tel: (1-510)465-7884; Fax: (1-510)465-7885 Email: info@bpacal.com Web: www.berkeleypolicyassociates.com

Excellent book compiled by disabled women describes their concerns regarding health services, offers suggestions to meet the reproductive health needs of women with disabilities. Has information on the Americans with Disabilities Act, and offers lists of books and articles about sexual and reproductive health for women with disabilities.

#### Reproductive Issues for Persons with Physical Disabilities

F. Haseltine, S. Cole, and D. Gray (eds.) Paul H. Brooks Publishing Co. P.O. Box 10624 Baltimore, Maryland, 21285-0624, USA Tel: (1-410)337-9580; Fax: (1-410)337-8539 Email: custserv@brookespublishing.com Web: www.brookespublishing.com

Written for professionals, caregivers, researchers and individuals with disabilities, it provides research findings and personal stories exposing myths surrounding disability and reproductive issues.

#### South African Women's Health Book

*Order through:* Heinemann Publishers Grayston Office Park, 128 Peter Road PO Box 781940 Sandown Johannesburg, South Africa 2146 Tel: (27-11)322-8660 Fax: (27-11)322-8715 or -8716 Email: cust\_services@heinemann.co.za

Comprehensive information on women's health in South Africa including stories from women in local communities. Includes chapters on gender, culture, healthy living, violence, work, sexuality, and reproductive health.

# The Disabled Woman's Guide to Pregnancy and Birth

Judith Rogers, Demos Medical Publishing 386 Park Avenue South, Suite 301 New York, NY 10016, USA Tel: (1-212)683-0072 Tel from US (toll free): (1-800)532-8663 Fax: (1-212) 683-0118 Email: orderdept@demosmedpub.com Web: www.demosmedpub.com/default. aspx?page\_id=0

Pregnancy and childbirth information for women with disabilities. Revised and re-titled version of **Mother To Be: A Guide to Pregnancy and Birth for Women with Disabilities.** Based on the experiences of 90 women with disabilities who chose to have children.

#### The Kenyan's Deaf Peer Education Manual

Sahaya International, USA c/o Koen Van Rompay 2949 Portage Bay Avenue, Apartment #195 Davis, CA 95616, USA Tel:(1-530)756-9074 Email: kkvanrompay@ucdavis.edu Web: www.sahaya.org

A training manual with activities for basic understanding of sexual health, HIV and AIDS.

# Welner's Guide to the Care of Women with Disabilities

Sandra L. Welner and F. Haseltine Lippincott Williams & Wilkins 530 Walnut Street, Philadelphia, PA 19106, USA

Guide for caregivers focusing on management of pain, osteoporosis, anesthesia, incontinence, infertility, depression and psychotropics, substance abuse, and hormonal management. Also addresses more fundamental issues such as nutrition, sexuality, exercise, physical examination, etc.

# 384 Resources

# Internet-based resources

The World-Wide Web is an incredible resource for those who have access to it. Besides the very useful websites listed for the organizations and print materials on the previous pages, here we list just a few of the websites we use most frequently when we look for disability and health information.

### Contact

www.wcc-coe.org/wcc/news/contact.html

**Contact**, published in French, Spanish, English and Portuguese by **World Council of Churches**, focuses on issues of health and healing.

### **Disability Knowledge and Research**

#### www.disabilitykar.net/learningpublication/ references.html

The Disability Knowledge and Research program, an effort of Healthlink Worldwide and the Overseas Development Group of East Anglia University, aims for better health and quality of life for people in developing countries. This website presents their papers, research, etc., including:

## Mainstreaming disability in development: lessons from gender mainstreaming

Carol Miller and Bill Albert (March 2005)

Explains mainstreaming, as a strategy of feminist advocacy in the context of development, and draws comparisons with the history of the disability movement. Includes recommendations for mainstreaming disability, and compares these with 'good practices' in gender mainstreaming.

#### Mainstreaming disability in development: India country report

Philippa Thomas (June 2005)

*Examines disability in relation to poverty and social exclusion. The report also highlights ways to integrate disability into development.* 

# Disability, poverty and the 'new' development agenda

David Seddon and Rebecca Yeo (July 2005)

Looks at changes that have taken place in recent years around poverty, disability and the relationship between the two.

# Disability World

#### www.disabilityworld.org

This is a great site that is an internationally focused news web magazine covering disability issues. The site is useful in sorting out relevant information and is in both English and Spanish. Internet users with slower connections can load the site as text only.

# Source International Information Support Centre

#### www.asksource.info

**Source**, is an international information support centre designed to strengthen the management, use and impact of information on health and disability.

**Source** now has over 25,000 information resources on a range of subjects including HIV and AIDS, disability and inclusion, mother and child health, information and communication technology and participatory communication. Resources are available online, by CD-ROM and as printed materials.

#### Table Manners and Beyond: The Gynecological Exam for Women with Developmental Disabilities and Other Functional Limitations.

#### www.bhawd.org/sitefiles/TblMrs/cover.html

An excellent guide, edited by Katherine M Simpson and Kathleen Lankasky, for both women with disabilities and health care workers of how to do pelvic and breast exams for women with a wide range of disabilities.

## World Enable

#### www.worldenable.net/women/

A project of several disability organizations with a great list of resources and a page specifically on women with disabilities.